

## Dress Right, Dress

### AFI 36-2903, Table 2.2

Earmuffs must be worn with outergarments only. They must be solid dark blue, black, or gray, and be of commercial design of any material. (Courtesy of the Spangdahlem AB First Sergeants Council)



## News Briefs

### Chief promotions

Air Force officials recently selected 566 senior master sergeants for promotion to the service's highest enlisted rank as part of the 2004 chief master sergeant evaluation board. The 52nd Fighter Wing selectees are: **James Callahan**, 52nd Aircraft Maintenance Squadron; **Brian Carnicle**, 372nd Training Squadron, Detachment 922; **Gerald Gooding**, Regional Headquarters Allied Forces, Northern Europe; **Jackie D. Green, Jr.**, NATO E3-A Airborne Warning and Control System, NATO Air Base, Geilenkirchen, Germany; **Dean Lindvig**, 52nd Equipment Maintenance Squadron; **Johannes Meischke**, 52nd AMXS; **James Route**, 52nd Civil Engineer Squadron; **Bernard Sarinas**, 52nd CES; **Christopher Sells**, 52nd Logistics Readiness Squadron; and **Tony Stotler**, 52nd EMS.

### Reveille ceremony

Base officials have instituted the playing of reveille at 7 a.m. each morning at Spangdahlem AB. Wing members should pay the appropriate respect to the flag during the ceremony. All military members in uniform upon hearing reveille should face the music or flag and go to the position of parade rest. Upon hearing the first note of "To the Colors," assume the position of attention and salute. Hold the salute until the last note of the music is played.

All vehicles in motion should come to a stop and the occupants should sit quietly until the music ends. When in civilian clothes, stand at attention with the right hand over the heart. Units planning early morning physical training should plan their routine around this ceremony.

### Postal volunteers

The 52nd Communications Squadron post office needs volunteers for the next two months to assist with a current manning shortage and with the pending holiday rush. Those interested can call Senior Master Sgt. Mike Ruzza at 452-6038 or e-mail him via the global address list.

### Restricted access PIN

Deployed members can now use the Restricted Access Personal Identification Number as part of the new, enhanced myPay options. The RAPIN allows the member to provide a spouse or trusted individual with a view-only personal identification number. The spouse or family member can view and print the leave-earnings statements and W2, but cannot make any pay changes. The member can set up the RAPIN by signing into myPay and from the main menu click on the "personal settings" page. From there, click on the "Restricted Access PIN," create and input the RAPIN and provide it to the designated individual. For that individual to use the RAPIN, they simply sign into myPay with the member's social security number under "LoginID" and enter the provided RAPIN. For more information, call finance customer service at 452-6730.

## Grape expectations

Find out which wines offer which tastes.

Read "Learn characteristics of Mosel River valley wines," on Page 7.



# Eifel Times

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Capt. Paul Waite

**Army 1st Sgt. Ernest Roth, 7th Army Training Command master gunner, trains Senior Airman Armando Luna, 52nd Civil Engineer Squadron electrical systems journeyman, center, and Airman 1st Class Anthony Greeley, 52nd CES structural apprentice, right, on the operation and assembly of the Mark 19 automatic grenade launcher. The 52nd CES team members also learned to operate and fire the M249, M240B and the M2 heavy machine guns, which they will use during convoy operations downrange.**

## Army, 52nd CES Airmen team up, give support to green downrange

By 2nd Lt. Shannon Collins  
52nd Fighter Wing Public Affairs Office

Approximately 50 52nd Civil Engineer Squadron Airmen, along with four Airmen from Ramstein Air Base, low crawled and convoyed their way to becoming an Army of One before deploying downrange last week to provide base civil engineering support for the Army.

The team is the first from U.S. Air Forces in Europe and one of the few Air Force civil engineer teams to date to serve with the Army during Operation Iraqi Freedom, said Lt. Col. Mitch Gordon, 52nd CES commander.

"Our team will provide vital infrastructure and utility support to the Army in Iraq," the Colonel said. "The unit will be fully integrated into the Army for the duration of the deployment and will be required to perform convoy and work detail security duties -- jobs not typically performed by Air Force civil engineers."

To prepare for this unique assignment, the team tackled two phases.

For the first phase, the team began a rigorous physical fitness program in May. The team then tackled specialized training on global positioning systems and improvised explosive devices from the 52nd CES explosive ordnance disposal flight, and weapons familiarization, threat briefings and convoy training from the 52nd Security Forces Squadron. The 606th Air Control Squadron team provided radio familiarization and installation training. The final part of the first phase was convoy operations, weapons firing and more, administered in scenario form with the help of the Army 29th Support Group from Rhine Ordnance Barracks.

For the second phase, the team, with the assistance of the Army's 7th Army Training Command, received combat lifesaver training. In order to become certified, each member had to stick each other properly with real IV lines. The team finished up the second phase at Grafenwoehr, before deploying. There, the Airmen received training on the M-249, M-240B, M-2 and Mark-19 grenade launcher. They also learned Army GPS and radios, troop leading procedures, land navigation, convoy live fire training and more.

The Airmen were excited to accept the challenge.

"This is the best way to show our support to our Army brothers," said Staff Sgt. Kenneth Legarda, a 52nd CES engineer technician. "This training gave me great respect for what our Army brothers go through in times of combat. This awareness training



Airman 1st Class Eydie Sakura

**Airman 1st Class Sean Beckley, right, 52nd Civil Engineer Squadron pavements and equipment apprentice, practices IV procedure on Senior Airman Matthew Fultz, left, 52nd CES structure apprentice, in October during the combat life saver course here. Members of Medical Support Unit Europe, 7th Army Reserve Command taught base Airmen basic medical skills.**

can save lives downrange -- what better way to learn combat tactics than from the experts?"

The Army trainers were impressed by the Air Force team and with the effort the Air Force is making into the total force concept.

"It was a privilege to train the motivated Air Force soldiers who took part in the weapons training," said Army Sgt. Joe Micou, 7th ATC, Master Gunners Branch. "It is fantastic that our forces will be working together to bring the Iraqis the liberation and freedom they deserve."

Ernest Roth, a retired Army first sergeant with three combat tours under his belt, also trained the 52nd CES Airmen and is proud of the total force concept being put to the test in this way.

"It validates the 'one team, one fight' concept that our military is built around," he said. "Joint operations at all levels will dominate future military operations."

"Coming back alive from a combat deployment is the bottom line, and I am confident we have given the Airmen we trained the fundamental skills to do that," he added.

Maj. Marie Kokotajlo, 52nd CES chief of operations and team leader, is proud of her troops.

"These Airmen have mastered all the training we've thrown at them, and they are more than ready to serve beside our Soldier counterparts," she said.



# Spang Sabers embrace Combat Wingman Day

By Master Sgt. Sean E. Cobb  
52nd Fighter Wing Public Affairs Office

The 52nd Fighter Wing stood down from routine operations Monday and held a Wingman Day.

Air Force Chief of Staff Gen. John P. Jumper directed the special day in an Oct. 21 Air Force Sight Picture to address stress on Airmen.

"Stress is nothing new to military life, and there are many factors that contribute to this," the chief of staff wrote.

"But lately, stress has been taking its toll on our Airmen. Our suicide rate is skyrocketing while accidental deaths are more than 36 percent above what they were four years ago," he said.

The Air Force has lost 57 Airmen to suicide and 99 Airmen to accidents in the past year, Air Force officials said.

"In September, the Air Force suicide rate doubled from what it had been before," said Col. Dave Goldfein, 52nd FW commander.

To combat the trend, the Air Force is initiating the wingman concept to encourage Airmen toward involvement in each other's lives.

"Although this term of 'wingman' originated in the aviation field, it's really about taking care of each other," said Chief Master Sgt. Jimmy Kelly, 52nd FW command chief master sergeant. "The term goes all the way down to every single Airman and says, 'We are responsible for each other.'"

The wing shut down flying operations and non-critical duties for the day to conduct commander's calls, small facilitator-led discussions, medical group briefings and displays and physical fitness training.

During the commander's calls, pilots from the 22nd Fighter



Tech. Sgt. Andrew Rodier

**Airman 1st Class Jamal Thomas, 52nd Logistics Readiness Squadron storage and issue apprentice, sits in the front seat of an F-16D Fighting Falcon while Capt. Ben Bartlett, 22nd Fighter Squadron pilot, explains some of the most current weapons technology onboard during the 52nd Fighter Wing's Wingman Day Monday.**

Squadron, 23rd FS and 81st FS talked to Airmen across the wing and a spectrum of career fields about the importance of being a good wingman.

Lt. Col. John Specht, 23rd FS commander, talked to 52nd Aircraft Maintenance Squadron Airmen Monday about the sacred duty wingmen have to watch out for each other.

"We trust our lives implicitly to our wingmen," Colonel Specht said. "We all need to find a way to be a good wingman, because that's what a good wingman does. If we all work together, taking

care of each other becomes second nature."

U.S. Air Forces in Europe officials encourage Airmen to have at least one wingman assigned to them as part of the wingman concept. The USAFE Wingman Concept of Operations Guide states that, every Airman should have a wallet-sized wingman card that contains the name or names of their chosen wingman, as well as their wingman contact information.

Wing Airmen took time to fill these cards out Monday and to talk about the importance of having a personal wingman.

"Every Saber counts, and every Saber needs to be able to count on each other," Colonel Goldfein said.

"If Sabers become true wingmen, we will be Code 1, fit to fight and ready to win," he added.

As part of Wingman Day, the wing set up static displays of F-16 and A-10 aircraft in Hangar 2 for Airmen to be able to touch and sit in a combat aircraft and talk to an operations or maintenance troop.

"Every Airman plays a role in accomplishing the mission of this wing," Colonel Goldfein said. "We want to connect folks with the operational side of the mission during this Wingman Day."

Airmen gathering at the hangar seemed to appreciate the opportunity for the operational close-up.

"We get to see what's going on, how it works and how it all comes together," said Airman Ronald Thomas, a 52nd Equipment Maintenance Squadron equipment maintenance specialist, while taking a closer look at an A-10.

"It really makes me appreciate how an aircraft like this can fly in defense of our nation -- and how we can be such a big part of it," he said.

## Luxembourger visits Spang, tells story of survival in World War II

By Airman 1st Class  
Eydie Sakura  
52nd Fighter Wing Public Affairs Office

A Luxembourger and friend to the American forces, reminds Team Eifel Sabers of their importance in the world -- as guardians of freedom and democracy -- and the significance of remembrance, especially on Veteran's Day, during a visit here Oct. 29.

Mr. Roger Feller, the founder of the Military Museum Perle/Lux and Honorary commander of the 52nd Operations Group, was three-years-old when Nazi Germany invaded his home in Luxembourg, where he lived with three generations of the Feller family. When the American forces liberated his country, he was eight-years-old and already had a multitude of stories and memories to last a lifetime.

"I got my first pair of shoes from a GI," Mr. Feller said. "I had these tiny shoes I grew out of, and he [the

soldier] had these big feet. He gave me his boots, but I still walked up and down the streets showing everyone my shoes. That is something I have always remembered."

During those years, the people living in the occupied towns had little to nothing to live on.

"We were always hungry," Mr. Feller remembered. "We had ration tickets to get food in the shops, but there never seemed to be anything available."

Hearing about one man's hardships can make people stand back and re-evaluate their own lives.

"After meeting Mr. Feller at his visit to the First Term Airman Center, I can definitely appreciate, as a young Airman, how good we have it here," said Airman Weldon Braud, 52nd Equipment Maintenance Squadron. "Mr. Feller told me how proud he was about my decision to join the Air Force, and I was awed at his youthful energy, as

well as his physical presence."

Veterans honoring veterans is what the visit to Meuse-Argonne and St. Mihiel cemeteries in France, where more than 20,000 American servicemembers are buried, was all about Thursday.

As military members, we sometimes forget how important what we do is to people all over the world, said Col. Dave Goldfein, 52nd Fighter Wing commander.

"We are part of a long line of folks who have given their heart and soul to this organization and who have worn this uniform proudly," he said.

During Mr. Feller's visit, he told his story to Team Eifel on the American Forces Network Commander's Corner live radio show; he toured the Pitsenbarger Airman Leadership School, the FTAC and the Family Support Center; had lunch with the quarterly awards win-



Tech. Sgt. Andrew Rodier

**Mr. Roger Feller tells his story of growing up in Luxembourg during the Nazi Germany invasions 60 years ago to Pitsenbarger Airman Leadership School students at the Bitburg Annex Oct. 29.**

ners at Club Eifel and participated in the 52nd OG commander's call with Col. Chris Chambliss, 52nd OG commander.

"I made him an honorary commander last year," Colonel

Chambliss said. "I thought his incredible contribution to the U.S. and Luxembourg relations, along with his own story of liberation during World War II made it appropriate for us to honor him."

## CES reminds Team Eifel Sabers to conserve energy this holiday season

By Master Sgt. Robert Thompson  
52nd Civil Engineer Squadron

'Tis the season to be energy-conservation-minded. As this year's holiday season approaches, the 52nd Civil Engineer Squadron would like to take a few moments to remind everyone to be energy conscious. People may relate to the classic holiday movie "Christmas Vacation," where the movie depicts the average American's primal need to have the biggest, brightest, most elaborate luminary display in the neighborhood. After all, what says "holiday spirit" more than a gaudy and cluttered display of holiday ornaments and lights hanging from your house. This scene depicting Chevy Chase covering his entire house with holiday lights and decorations really strikes true -- when the base's annual electric bill arrives.

Drive through base housing and view the many artistic displays of twinkle lights, illuminated icicles and flashing holiday greetings, and ask yourself, "do the residents realize who is paying

for all that energy consumption?" Does it occur to them that every American taxpayer is footing the bill for those thousands of lights strung around our balconies and windows each year?

This year, the 52nd CES asks everyone intending to win the housing flight's first quarter "Balcony of the Month" by outdoing their neighbor, to keep in mind that a large gaudy display of lights will not help the chances of winning; however, making a conscious effort to help conserve energy and save "John Q. Taxpayer" some money will.

It is not necessary to string countless twinkle lights and leave them burning 24-hours a day to show "holiday spirit."

A simple display, practicing good energy conservation, such as only illuminating the display during hours of darkness and turning them off before retiring for the night. This not only meets the "holiday spirit" needs, but also shows concern about saving energy, saving our environment and even preventing fires.

People should adhere to the following guidelines when decorating:

- ♦ Balcony displays should be conservative, minimizing the amount of lights and electrical decorations.

- ♦ Holiday light displays should only be used from 5-10:30 p.m.

For more information on energy conservation, call the 52nd CES at 452-6989.





Chief Master Sgt. James Erwin

## Top Saber Performer

**Name:** Master Sgt. Steven Giffin  
**Unit:** 52nd Security Forces Squadron  
**Duty title:** Installation Security Section NCOIC  
**Hometown:** Delaware, Ohio  
**Nominee's contributions to 52nd Fighter Wing success:** Sergeant Giffin demonstrated superior performance as the Installation Security Section NCOIC. This section comprises Physical Security, Sensors, Resource Protection, Plans and Programs and Police Services. Along with managing these five sections, he provides oversight to approximately

160 U.S. military and 25 host nation security forces. Sergeant Giffin's recent contributions are based on the Rhein-Main Transition Program. He provided keen insight in the development of a new state-of-the-art south gate; one that will be open for contractor as well as vehicle and pedestrian traffic. The new gate will ease the current traffic situation the base faces each morning. He also brought his experience to bear when sighting a camera system for the new parking apron in development. Through his efforts, he was able to limit the cost of a new camera and associated equipment to \$1.2 million; a reduction of more than \$400,000 from the original estimate. Sergeant Giffin was also the 52nd Mission Support Group senior NCO of the Quarter, the 52nd SFS Lance P. Sijan Award winner and nominated to U.S. Air Forces in Europe as the 2004 Outstanding SFS staff senior NCO.

**What do you do for fun?** I enjoy traveling, reading and skiing.

**What do you like about being stationed here?** I love experiencing the European culture.

**What's one thing you like to see changed or improved at Spangdahlem Air Base?** I'd like to see mandatory staggered work hours to alleviate off-base traffic congestion.

## 52nd Mission Support Group

Come play with the "inn" crowd ... **Senior Airman Rebecca Blanchard** stays busy at the Eifel Arms Inn, from cleaning to making sure the information board is stocked -- not to mention her stellar treatment of guests.

## 52nd Maintenance Group

Sabers should make a movie called "Saluting Airman Ryan" ... Since his arrival in August to the F-16 phase dock, **Airman 1st Class Ryan Lack** has removed and re-installed four engines, replaced an entire landing gear for a 1,600 flight-hour inspection and spearheaded the replacement of an accessory drive gearbox. While deployed to Konya, Turkey, in support of exercise Anatolian Eagle and the NATO Air Meet, **Staff Sgt. Michael Abundis** used an abundance of skill to ensure 172 successful sorties and earned himself the wing commander's excellence coin. **Staff Sgt. Francisco Araujo** makes sure his hydraulics shop stays "pumped up" by coordinating fitness assessments for 110 squadron members and leading the two-mile run for the shop.

## 38th Munitions Maintenance Group

**Master Sgt. Joyce Parker** leads 14 enlisted troops in the command and controls more than \$500 million in munitions. Her leadership earned the command post an "excellent" rating, as well as an Inspector General "Pat on



the Back" award during the squadron's recent surety inspection. It's critical to salute **Tech. Sgt. Matthew Montgomery**, who briefed more than 140 people about critical maintenance tasks during a recent squadron training day.

## 52nd Medical Group

Brace yourself -- we're sending a huge salute to

**Capt. Brian Duncan** and **Airman 1st Class Cynthia Vargas**, for their gentle, professional and efficient treatment that quelled the fears of an "older" patient's first orthodontic visit. **Airman 1st Class James Martineau** was a "saint" when it came to enthusiasm, dedication and long hours with the 52nd Dental Squadron. The queens of clean are **Staff Sgt. Mandi Wichman** and **Senior Airman Melissa King**, who conducted many after-hours facility sanitation inspections to keep Eifel Sabers healthy. **Staff Sgts. La Tonya Dease** and **Suzy Bright** ruled the nest with their superb contributions to retired Chief Master Sgt. Jim Finch's briefing. Giving us "knockout" teamwork are **Majs. Susan Perry** and **Ritchie Grissett**, who, without any manning increase, have increased their after-hours caseload 30 percent while providing key anesthesia support to the ever-expanding obstetric population.

**Kudos to all; Team Eifel salutes you!**  
 (Compiled by Senior Airman Amaani Lyle, 52nd Fighter Wing Public Affairs Office)

# Wing lauds OCSC volunteers

## Staff reports

The 52nd Fighter Wing recognizes the outstanding contributions of the following Officers and Civilians Spouses Club individuals for their involvement with the 2004 Eifel Holiday Bazaar.

**Liana Berghoff; Danette Blair; Tabitha Bohnsack; Linda Chambliss; Lisa Cherrey; Dawn Goldfein; Nichole**

**Gonzalez; Cindy Groznik; Bobbi Hess; Nicole Jensen; Heather Krauss; Erin Locke; Kara Lyons; Lisa Martin; Charlotte Merriam; Shelley Mueller; Deborah Plumley; Tara Rassas; Stephanie Retka; Sarah Reynolds; Mary Beth Sanders; Cheryl Scharff; John Smith; Mary Stevens; Karen Wentlandt; Ann Williamson; Janna Willingham; JoAnne Young and Christine Youtsey**



Airman 1st Class Eydie Sakura

**Mary Stevens**, volunteer chair and spouse of **Capt. Randall Stevens**, 52nd Medical Operations Squadron, works with **Tara Rassas**, bazaar chair and spouse of **Capt. Sean Rassas**, 52nd Operations Support Squadron, to check in a volunteer before her shift. The 52nd Services Squadron and the Spangdahlem Officers and Civilians Spouses Club sponsor the annual bazaar and return profits from the weekend-long sale back to the Spangdahlem Air Base community.



Chief Master Sgt. James Erwin

## Top Saber Team

**Unit name:** 52nd Security Forces Squadron Installation Security Section

**A brief description of unit responsibilities:** The team members conduct resource protection surveys, exercises and inspections to ensure funds, drugs, weapons and ammunition are properly secure. In addition, this section conducts inspections of physical security measures in the restricted areas to ensure the 52nd Fighter Wing's \$6.2 billion assets are secured and maintain the capability to deploy at a moment's notice.

**Number of members:** Eight

**How does the team fit into the 52nd Fighter Wing Mission?** They are the focal point for many Spangdahlem Air Base Instructions and are responsible for providing guidance to 160 U.S. military and 25 local national security forces. These forces in turn guard three fighter attack squadrons and protect troops on and off the installation. This section also educates school children about the dangers of drugs through the Drug Alcohol Resistance Education program.

**Team's other contributions through the year?** This section garnered four out of 12 unit-earned "Pats on the Back" during the U.S. Air Forces in Europe Unit Compliance Inspection. They are the focal point for the Rhein-Main Transition Program, for which they coordinated customs requirements, a \$1.2 million surveillance system and designed a new contractor gate. Furthermore, they graduated more than 700 children through the D.A.R.E program and ensured security for the Eifel Spring Bazaar, resulting in more than \$500,000 raised to support base agencies sponsoring the event.



# Two midweek DUIs trouble Team Eifel

By David A. Barker  
52nd Security Forces Squadron

Two driving-under-the-influence incidents occurring midweek for Team Eifel were both rated as major crashes, along with three other major wrecks. The total accident count this week was 26, including the five major wrecks.

The first major collision was also a DUI. An airman first class from the 52nd Civil Engineer Squadron crashed his car near the post office area at Spangdahlem AB. The driver was transported to the base hospital for further investigations. He blew a .094 on the breath test.

The second DUI was also the second major crash. An airman first class from the 52nd CES reported his car stolen, and later investigation found him to be drunk. The investigation also revealed he was intoxicated while operating the vehicle. The vehicle was discovered in a ditch on L-36 between Oberkail and Gindorf. German Polizei have taken over the crash investigation.

A third major crash occurred at building 38, where a deployed member's car was struck during a hit-and-run collision.

The fourth major wreck happened on L-47, where driving too fast for conditions and a curvy road were factors in a collision damaging a staff sergeant's vehicle.

Team Eifel's fifth and final major crash occurred at Landscheid-Burg headed toward Niersbach. A staff sergeant pulled forward from a stopped position to check for oncoming vehicles and did not see a passing bicycle. The bicyclist was transported to a local hospital for observation.

There were 21 minor collision last week: five were from driving too fast for conditions, five were from improper backing, six were from inattentive driving, two were from wildlife, two others were at-fault, and one was from following too closely.

## Wing salutes new ALS grads

### Staff Reports

**Senior Airman Brianne Van Horn**, 52nd Security Forces Squadron, received top honors from Pitsenbarger Airman Leadership School class 05-1. During the Nov. 5 graduation ceremony, Airman Vanhorn received the John L. Levitow award. **Senior Airman Candice Harden**, 52nd Civil Engineer Squadron, received the academic achievement award. **Staff Sgt. Richard Gallegos**, 52nd Communications Squadron, received the leadership award. Distinguished graduates were Sergeant Gallegos; and **Senior Airmen Bradley Blan**, 52nd Aircraft Maintenance Squadron; **Joshua Hippensteel**, 52nd Equipment Maintenance Squadron and **Rikki Spaans**, 52nd CES.

Other graduates were:

### Eagle Flight

**Staff Sgt. Jeremy Neff**, 52nd CES; and **Senior Airmen David Bell**, 52nd CES; **Joseph Canino**, 52nd Maintenance Operations Squadron; **Wendy Clark**, 23rd Fighter Squadron, Volkel Air Base, the Netherlands; **Christopher Fox**, 52nd AMXS; **James Nagel**, 52nd CES; **Patrick Noppenberg**, 701st Munitions Support Squadron, Kleine Brogel Air Base, Belgium; **Suzanne O'Neal**, 701st MUNSS; **David Shaw**, 52nd AMXS; **Eric Webb**, 702nd MUNSS, Buechel Air Base; **Randy**

**J. Wilhide Jr**, 52nd EMS and **Amanda Witt**, 52nd Operations Support Squadron.

### Falcon Flight

**Senior Airmen Laura Allender**, 52nd Dental Squadron; **Andrew Balderas**, 52nd AMXS; **Christina Burleson**, 52nd SFS; **Ryan Buxton**, 701st MUNSS; **Jaclyn Detampel**, 703rd MUNSS; **Daniel Faust**, 52nd CS; **Jennifer LeBlanc**, 52nd Logistics Readiness Squadron; **Brian Leyh**, 703rd MUNSS; **Jeffrey Smith**, 52nd EMS; **Richard Stephens**, 52nd Component Maintenance Squadron; **Frederick Strychniewicz**, 701st MUNSS; **Darren Walls**, 702nd MUNSS and **Stacy Weber**, 52nd OSS.

### Warthog Flight

**Staff Sgt. Andrew Morford**, 52nd EMS; and **Senior Airmen Morgan Filhiol**, 52nd LRS; **Constance Graham**, 52nd SFS; **Lester S. Grady Jr**, 702nd MUNSS; **Sofie Harrison**, 701st MUNSS; **Bryce Kelse**, 52nd AMXS; **Kevin Martin**, 52nd Medical Operations Squadron; **Crystal McCray**, 703rd MUNSS; **Mariya Munguia**, 703rd MUNSS; **Rodney Parson**, 702nd MUNSS; **Jeffrey Patterson**, 701st MUNSS; **Kenny Ritchie**, 606th Air Control Squadron; **Elbert Sharp**, 52nd CMS; **Jarrett Smith**, 701st MUNSS and **Michael Willard**, 52nd OSS. (Compiled by Senior Master Sgt. Annette Henderson, Pitsenbarger ALS)



# German law ensures packaging material not trashed

By Franz-Josef Steffes  
52nd Civil Engineer Squadron  
Environmental Flight

One of the most common questions Team Eifel members ask is whether or not it is a waste of time separating packaging for recycling.

Many people wonder if the yellow bag recycling items simply end up in landfills. How can people feel confident their yellow bag contents are being recycled?

Germany established the Dual System Deutschland and the yellow bag recycling program in 1998 to create a nation-wide system for collecting and sorting packaging materials. DSD reports proof of its performance to German federal and state environmental ministers.

About 30 million packaging items have been recycled to date. Any packaging collected and sorted by the DSD, by law, must be recycled.

In 1999, about 77 percent of the German citizens questioned chose

collecting and recycling as the best waste management concept. Only 17 percent preferred incineration and four percent thought dumping waste into landfills as the best option.

The DSD symbol is a green dot and two green arrows forming a circle. To print the symbol on their sales packaging, companies must agree to re-use their packing waste. So, when people buy products displaying the green dot, they know they are buying products supporting German recycling programs.

German consumers have steadily decreased the amount of packaging bought since 1998 by more than 13 percent, according to government reports. As packaging demands dropped, the market for recycled raw material grew.

Clearly, people believe recycling is the right thing to do. Germany has a well-established system for reusing product packaging through yellow bag collection and industrial reuse requirements. The

country established a goal of completely recovering all wastes by 2020, eventually making landfills obsolete. This goal is forced already through the communities who control the household and industrial waste disposal processes on their operated landfills. As of November, and through June 2005, only mineralized waste items with less than five percent carbon ingredients can be permitted for landfill disposal. All other waste must be recycled.

As Team Eifel members decide what to do with their waste, they should choose to be a part of a worldwide solution to waste disposal alternatives. Everyone should sort their trash and recycle as much as possible, making use of an efficient and popular German recycling system. Yellow bags are distributed at the Bitburg Annex self help store, building 2023, or Spangdahlem Air Base wing improvement center, building 120, or the environmental flight, building 127.

## What goes in yellow bags?

Yellow bag product packaging material should not contain any glass items, dishes, toys or paper products.

Below are some types of product packaging items and metal or plastic foils (free of any food residue, spoon cleaned or drop empty) that can go in the yellow bag:

- Milk cartons
- Plastic bags
- Aluminum foil, trays
- Biscuit tubes
- Bottle caps
- Animal food cans
- Drink bags
- Cellophane
- Bleach bottles

- Coffee cans
- Straws
- Plastic hot dog wrappers
- Frozen food boxes
- Frozen juice cans
- Jar lids
- Plastic soda bottles
- Yogurt cups
- Wax drink cups
- Styrofoam meat trays
- Steel cans
- Soda cans
- Shampoo bottles
- Potato chip cans or bags
- Plastic wrap
- Plastic utensils
- Detergent containers
- Plastic CD containers
- Plastic butter tubs
- Old combs
- Cereal box plastic liners
- Drink cups



# Exercise tests deployment skills, preps wing for USAFE ORI

By 1st Lt. Michael Cumberworth  
52nd Fighter Wing Public Affairs Office

The 52nd Fighter Wing will practice deployment and mobility operations here Monday through Thursday during a Phase I exercise designed to prepare the wing for the U.S. Air Forces in Europe Operational Readiness Inspection in 2005.

The exercise aims to improve the mobility functions required of today's expeditionary Air Force by simulating the movement of people,

vehicles and weapon systems in support of operations in a deployed location.

"All the groups and different team members on base will work to get a contingency package out of Spangdahlem (Air Base)," said Chief of Wing Inspections Maj. Paul Perkins. "We will demonstrate our ability to go to war -- a critical part of being an expeditionary Air Force."

The Phase I is a bi-annual training requirement in preparation for USAFE inspections,

which occur every five years, Maj. Perkins said.

Exercise planners use USAFE grading criteria and past exercise reports to determine where to focus their efforts, according to Master Sgt. Elvin Fowl, 52nd FW Inspections Office.

"The November Phase I will jumpstart the mobility machine," Sergeant Fowl added.

Focus areas for this exercise include personnel, vehicles and cargo deployment func-

tions, running the Deployment Control Center, and a push by operations and maintenance personnel to simulate mobilizing aircraft and getting them ready to engage the enemy at a deployed location.

"In the old days of the Cold War, Spangdahlem (AB) planned to fly combat sorties from here, fight, and land back here," said Maj. Perkins. "This exercise is to simulate going somewhere else entirely, which is really more in line with what we do now."



Col. Dave Goldfein.....Commander  
Capt. Thomas Crosson.....Public affairs chief  
1st Lt. Gerardo Gonzalez.....PA deputy  
Master Sgt. Sean E. Cobb.....PA superintendent  
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Iris Reiff.....Leisure writer

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#### Accessing Direct Line

The Direct Line program is a way to get answers to questions you still have after using your chain of command.

Direct Lines of general interest will be published in the *Eifel Times* and may be edited or paraphrased for brevity or clarity. Submit your Direct Line via:

■ DirectLine@spangdahlem.af.mil

■ Mailed to 52nd FW/PA, Unit 3680 Box 220, APO AE 09126

■ To PA in building 23.

■ Concerns may also be sent via fax to 452-5254.

Anonymous inputs are accepted. To receive a personal response you must include your name and phone number. Call the Eifel Times at 452-5244 for more information.



Col. Dave Goldfein

## November Sortie Scoreboard

Aircraft	Goal	Flown	Delta
22FS	339	48	-83
23FS	284	53	-40
81FS	410	110	-8

\*Delta is contract vs. sorties flown to date.

Through Nov. 8

Courtesy of the  
52nd Operations Support Squadron  
Plans and Scheduling Section

# Viewpoint

Nov. 12, 2004

Page 5

## Education

# Native American Indian Heritage month honors Indigenous Peoples, teaches Sabers

By Cinni Youngblood

52nd Fighter Wing Military Equal Opportunity Office

Name two inventions by Native Americans that are still in use today. In what fields did the following Native Americans become famous: Maria Tallchief, Osage Indians; M. Scott Momaday, Kiowa Indians; Graham Greene, Canadian Iroquois; and Wes Studi, Cherokee?

In November 1999, Charles Chibitty was presented the Knowlton Award for significant military intelligence contributions. Do you know what he did to get recognized?

Native American Heritage Month is an opportunity to increase awareness of the history, values, traditions and contributions Native Americans have given to the world and to the military services.

Native Americans are known by many names, such as Indians, First Peoples, Indigenous Peoples and by their tribal names. More than 250 tribal

entities comprise the history, traditions and language. America has been the recipient of Native American inventions, arts and military traditions.

Two inventions still used today are the toboggan and the snowshoe. The toboggan is a long, narrow, runner-less sled made of thin boards curled upward in the front. The snowshoe is self-explanatory.

Imagine what life would be like in snowy climates without these items.

In addition, European trappers and fur traders quickly adopted both inventions.

Native Americans also contributed in the field of the arts. Maria Tallchief was a world-famous ballerina throughout the 1940s and '50s; Momaday was the first Native American to win the Pulitzer Prize for fiction in 1969; Greene and Studi are award-winning actors. Greene played a Lakota warrior in the Academy Award-winning

movie, "Dances with Wolves" in 1990; and Studi starred as a scene-stealing Huron warrior in "The Last of the Mohicans" in 1992. As movies dictate life, Native Americans have fought in all wars from the Civil War to the Persian Gulf War.

The last surviving member of the Comanche Code Talkers, Charles Chibitty, was presented the Knowlton Award for Exceptional Service from the Department of the Interior Nov. 30, 1999. Chibitty and his fellow Comanche Indians were instrumental in saving many lives during the Normandy invasion in World War II.

Like the Choctaws in World War I and the Navajos in the Pacific Theater, the Comanche Code Talkers used their native language to prevent the enemy from intercepting radio messages involving troop movements being transmitted by Allied forces.

Take time this month to explore and learn about Native American heritage.

## Airmen-Soldiers build up bases

Lt. Col. Mitch Gordon

52nd Civil Engineer Squadron commander

Air Force civil engineers have always played a vital role in supporting air operations from deployed locations.

Well-trained and dedicated engineers can quickly bring a "bare base" into the fight, improving, expanding and maintaining it to suit the needs of the Air Force mission. Our deployed job has always been to support the flying mission; residing and working at the deployed air base, typically within an expeditionary wing structure.

We are pretty good at taking our show on the road, and we work well with every other Air Force unit that deploys to make Air Force airpower so awesome and unbeatable. I am proud of Air Force civil engineering contributions during Operations Enduring Freedom and Iraqi Freedom. Now we've been called upon to provide direct OIF support to the U.S. Army.

The 52nd Civil Engineer Squadron sent an extremely well-led 50-plus person utilities team, augmented by additional enlisted CE troops from Ramstein Air Base, to Iraq to serve as "Airmen-Soldiers" for about six months.

The 52nd CES "Airman-Soldier" engineer team will provide vital infrastructure and utility support to the Army in Iraq. They will fully integrate into the Army for the duration of the deployment.

Our team began preparing for this deployment more than three months ago here, establishing a high level of cohesive-

ness and physical conditioning. The team underwent intense training provided by the 7th Army Training Command at Grafenwoehr near the Czech Republic border.

There, the team learned land navigation, combat lifesaving procedures and Army troop leadership procedures and participated in heavy- and crew-served weapons familiarization and a convoy live-fire exercise. Before they enter Iraq, the team members will spend a number of days in Kuwait, receiving additional training and certification.

Both the Air Force and the Army understand that proper training provides strong insurance in support of successful deployment.

The "Airmen-Soldier" support our Air Force civil engineers provide to the Army is historic and important to our military success in OIF. The request for our civil engineers is indicative of the professionalism and skill these men and women exhibit every day, both at home station and during deployments. It is also indicative of the value of joint cooperation in support of a common goal -- OIF success.

Our civil engineers are not the only Air Force troops directly supporting the Army. Air Force contributions in manpower and specific skills are numerous, and every contribution helps ensure Army mission success. Ultimately, the responsibility for success belongs to all of us wearing a U.S. military uniform, and if we can put another checkmark in the win column quicker through joint cooperation and mutual support, we are getting it done the right way.

## Direct Line

### Activities bus stops

**Question:** My question is about the high school activities bus and its impact on teenagers living in Spangdahlem Village. Currently, the bus takes the children to the theater, deep within Spangdahlem Air Base. Can they be allowed to exit at the guard gate when the bus is stopped or could they be left at the pull-in just before the gate?

**Answer:** Thank you for for submitting your question. Department of Defense Dependents Schools has reviewed the bus route and decided and has added two additional stops to the activities bus schedule. One stop is in Speicher at the Rathaus (city hall), and the other stop is in Spangdahlem Village on the main road, near Capitol Motors. We decided it would be best not to have a stop at the main gate to prevent any unforeseen accidents. DoDDS hopes that adding these stops will make the activities bus more convenient for our students and their parents.



Staff Sgt. Angela Malek

### Combat Wingman

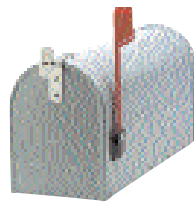
Left to right, Staff Sgt. Maggie Horton, U.S. Air Forces in Europe Command Section NCOIC, Gen. Robert H. "Doc" Foglesong, USAFE commander, his wife, Mary Foglesong, and Chief Master Sgt. Gary Coleman, USAFE command chief, fill out Combat Wingman cards during Wingman Day Nov. 8, pledging commitment to look out for each other's welfare.





## Community Mailbox

Submit "Community Mailbox" advertisements 10 days before the desired publication date to publicity@spangdahlem.af.mil.



### BHS play

A drama production of F. Scott Fitzgerald's classic novel, "The Great Gatsby," takes place today and Saturday at 7:30 p.m. and Sunday at 2 p.m. in the Bitburg High School cafeteria. Call Dr. Becky Briley at 452-9202 for details.

### Toys for Tots

A donation drive for children in Afghanistan takes place through Nov. 19. Suggested items for donation are games, picture books and cold weather clothing. Things that should not be donated are religious items such as rosaries or Bibles, toys or items dealing with war such as tanks or guns, dolls with exposed flesh or magazines and electronics. The donation drive also needs volunteer packers and packing and shipping supplies such as boxes, brown paper and tape. Call Staff Sgt. Heidi Butler at 452-6999 or Master Sgt. Wendell Schoultz at 452-6561 for details.

### Native American dancers

The Brick House at the Eifel Community Center showcases a free performance of the White Eagle Native American dancers Wednesday at 7 p.m. Call Kim McElfresh at 452-7381 for details.

### Formal wear sale

Sell gently-used formal or semi-formal dresses or men's or women's suits Thursday from 5-7 p.m. at the Bitburg High School cafeteria. All sizes and styles are welcome, and the sale is open to all U.S. identification card holders. A portion of each sale benefits the BHS booster club. Call Mia Checkley at 452-6559 for details.

### Civil Air Patrol

Teenagers in search of unique activities such as flying, camping, rock climbing and volunteer service can visit the Spangdahlem AB Cadet Squadron each Thursday at 6 p.m. at Bitburg Annex, building 2012. Visit <http://spangdahlem.overseas.cap.gov> or call 452-9120 for details.

### Book club

Wing members can bring lunch and

### Seeds of knowledge



Barbara Triplett

Safety Patrol students Averi Goetz, Catelyn Slaybeck, Brenna Cry, Samatha Staton, Devin Lewis and Rachel Housel, fourth grade students at Spangdahlem Elementary School, plant tulips in planters around the school as part of a drug awareness event, "Plant the Power," Oct. 29. The event was one of many featured during Red Ribbon Week, a nation-wide time of drug education and prevention among school-aged children.

participate in a discussion as part of the Brown Bag book club, which meets Dec. 9 in building 307 from 11:30 a.m. to 1 p.m. December's book is "Relationship Rescue" by Dr. Phil McGraw. Books can be ordered online. Call Lynn Luria at 452-6422 to sign up.

### Lodging shuttle

The Eifel Arms Inn offers service to and from Frankfurt International Airport for \$50 one way for three people or less or \$100 round-trip, including two pieces of luggage per person with luggage size restrictions. The shuttle can also accommodate pets in a carrier for \$20 per pet. The shuttle provides service to several other airports in the area. Space is limited, and reservations must be made at least 72 hours in advance by calling 452-5159. For more information, call Alice Fields at 452-5109.

### Thanksgiving buffet

Club Eifel offers a Thanksgiving Day buffet with seatings at 10:30 a.m. and 2 p.m. Nov. 25 in the Club Eifel ball-

room. The buffet includes a turkey with stuffing, ham, roasted beef and pork, mashed potatoes, butternut squash, candied yams, corn, green beans, salad and more. The buffet also includes assorted cakes and oven-baked pies. The cost for members is \$11.95 for adults and \$6 for children ages six through 12. The cost for non-members is \$14.95 for adults and \$9 for children ages six through 12. Children ages five and under eat free. Reservations are required and tickets must be paid for and picked up in advance by visiting the club's cashier window or by calling Club Eifel at 452-6090 and having tickets charged to a credit card.

### Holiday meals

The Mosel Hall Dining Facility offers Thanksgiving and Christmas meals, with lunch starting at 11 a.m. and dinner starting at 5 p.m. Make reservations by e-mail at [52svs.svmf@spangdahlem.af.mil](mailto:52svs.svmf@spangdahlem.af.mil) or by calling 452-6727. Meals are open only to meal card holders. Call Master Sgt. Cheryl Dugan at 452-6106 for details.

## Chapel Services

□ The 52nd Fighter Wing Chaplain service offers a **Officer Christian Fellowship** bible study Thursday at 6:30 p.m. at the Spangdahlem AB Coffee Mill in building 139. The OCF is a six-week interactive study by "The Purpose Driven Life" author Rick Warren's church in California. For more information, call 2nd Lt. Rueben Amador at 452-6901.

□ A wing-wide **Thanksgiving celebration** and singles dinner takes place Thursday at the Spangdahlem AB chapel, building 135. The chaplain service will arrange a worship service at 5 p.m. Following the service, the first shirts and chiefs groups will serve a home-cooked, free Thanksgiving meal at about 5:45 p.m. in the chapel annex for all single and unaccompanied military members. For more information, call the chapel at 452-6711.



## Club Eifel Happenings

The following events take place in Club Eifel. Call 452-6090 for more information.

### Too bad ...

**Staff Sgt. Daniel White** missed out on \$100, and **Lt. Col. Michael Poth** missed out on \$550 at the weekly Club Eifel drawing. Members must be present to win cash prizes. If the club members are not present and their name is called, the cash carries over to the following week and the pot keeps growing. Names are announced in the ballroom, Stripes lounge and Expeditionary Cockpit Lounge.

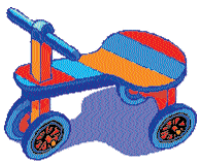
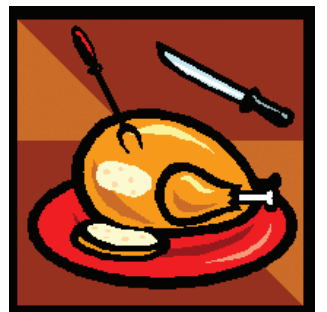
### Today

□ **Stripes lounge:** Club members enjoy a free burger burn from 5-7 p.m. A DJ plays salsa music from 9-11 p.m.

**ECL:** Commander's social begins at 5 p.m. **Thursday**

□ Enjoy Thanksgiving family fun night from 5-8 p.m. The event features a kiddie disco, and the club DJ will play children's tunes. Games include turkey bowling, in which participants can roll a real frozen turkey to get a

strike. The adult buffet includes baked turkey, ham, yams, potatoes, stuffing, vegetables and rolls. The children's buffet features dinosaur chicken nuggets, french fries, corn dogs, tater tots, macaroni and cheese, jello, swirled chocolate and vanilla pudding and brownies. The cost for members is \$6.95 for adults and \$3.95 for children ages six through 12. The cost for non-members is \$9.95 for adults and \$5.95 for children ages six through 12. Children ages five and under eat free.



## Der Markt

### Free classifieds policy and submission deadlines

Der Markt is for the personal resale of items by military and civilian employees and their families. Items such as advertisements for rental property won't be published due to funded paper restraints. Ads should be 35 words or less and customers are limited to no more than two ads per week. Ads must be typed or printed legibly and turned into the public affairs office, building 23, at least **10 days before the desired date of publication**. Ads can also be e-mailed to [publicity@spangdahlem.af.mil](mailto:publicity@spangdahlem.af.mil) or sent via fax to 452-5254. Having ads in by deadline does not guarantee publication. Ads for services generating regular income will not be published. The ads must include the sponsor's name and telephone number. Ads not meeting these requirements, including those exceeding the designated word limits, will not be printed. The Eifel Times staff reserves the right to edit ads.



## Movies

The following movie listings are for today through Nov. 18. Times and movies are subject to change. For the most current information, call 06565-61-9441 or 452-9441. Movie synopses are available at [www.aafes.com/ems/default.asp](http://www.aafes.com/ems/default.asp).

### Spangdahlem Skyline

Today

*Shark Tale* (PG, 7 p.m.)

The sea underworld is shaken up when the son of the shark mob boss is found dead and a young fish named Oscar is found at the scene.

*Black Cloud* (PG-13, 10 p.m.)

This is an inspirational story of a young Navajo, Native American boxer, who overcomes personal challenges as he comes to terms with his heritage, while fighting his way for a spot on the U.S. Olympic boxing team.

Saturday

*The Cookout* (PG-13, 7 p.m.)

When Todd Anderson signs a \$30 million deal with his hometown team, the New Jersey Nets, he knows that his life is set for a big change. To keep things real, he decides to throw a barbeque at his place, where things are bound to get crazy.

*Vanity Fair* (PG-13, 10 p.m.)

Growing up poor in London, Becky Sharp defies her poverty-stricken background and ascends the social ladder alongside her best friend, Amelia.

Sunday

*Shark Tale* (4 p.m.)

*Vanity Fair* (7 p.m.)

Monday

*The Cookout* (7 p.m.)

Tuesday

*Black Cloud* (7 p.m.)

Closed Wednesday and Thursday

### Bitburg Castle

Today

*First Daughter* (PG, 7 p.m.)

The first daughter of the U.S. President heads off to college, where she falls for a graduate student with a secret agenda.

*Exorcist: The Beginning* (R, 9:30 p.m.)

Years before Father Lancaster Merrin helped save Regan MacNeil's soul, he first encounters the demon Pazuzu in East Africa. This is the tale of Father Merrin's initial battle with Pazuzu and the re-discovery of his faith.

Saturday

*Superbabies: Baby Geniuses* (PG, 7 p.m.)

A group of smart-talking toddlers find themselves at the center of a media mogul's experiment to crack the code to baby talk. The toddlers must race against time for the sake of babies everywhere.

*Suspect Zero* (R, 9:30 p.m.)

A mysterious serial killer is hunting other serial killers, and one FBI agent suspects there may be more to the vigilante than they imagine.

Sunday

*Superbabies: Baby Geniuses* (7 p.m.)

Closed Monday and Tuesday

Wednesday

*First Daughter* (7 p.m.)

Thursday

*Exorcist: The Beginning* (7 p.m.)

## Fall brings new bouquet

# Learn characteristics of Mosel River valley wines

Story and photo by Iris Reiff

52nd Fighter Wing Public Affairs Office

The vast area from Trier to Koblenz, where the Mosel joins the Rhine, has too many wine-growing villages to mention. Each town and village has some very fine vineyards, many with a world-wide reputation for top quality wines.

According to the Statistical State Agency in Bad Ems, the quantity for the entire state of Rheinland-Pfalz this year will be more than six million hectoliters of wine must, a 15 percent increase from last year. White wines will make up almost five hectoliters while reds will come up to about two. This volume makes an average year for vintners, and the quantities can be compared to those from 2000.

What makes a good wine? Along with the soil, climate and landscape, harvesting practices for the grapes at various degrees of ripeness will determine the character of the wine. Grapes also need the right amount of sun and rain to ripen.

Germany has nearly 240,000 acres of vineyards. About 88 percent of this area is planted in white and 12 percent in the red grape variety.

Team Eifel Sabers live at the doorstep of a delightful wine region, where some of the finest white wines in the world originate. The wines are sweet and fruity.

The wine growing area of this region has more than 25,000 acres, 75 percent of which are covered with Riesling vines, the rest cultivated with Mueller-Thurgau, Elbling and other varieties. The average annual yield is about 22 million gallons of wine.

### Mosel wines

Mosel wines are characterized by their fine bouquets, golden color and typical aromatic elegant piquant taste. Some Mosel wines are robust and lively with



Former 23rd Fighter Squadron members help local vintner, Ernst Bollig in Trittenheim, with the grape harvest. Starting times for the harvest in a geographic area are always decided by the local government.

high acidity; others are stimulating with a fruity taste, and there are also light wines.

Although Mosel wines have a common basic character, they differ from village to village and vineyard to vineyard, depending on the soil. Famous names include Wehlen, Bernkastel, Uerzig, Zeltingen, Piesport, Graach and Trittenheim. Wines from the Saar and the Ruwer resemble those of the Mosel family.

A distinctive product of this region is wine from the Riesling vine. The Riesling are small and contain a large number of seeds. They need a longer time to ripen, are harvested in late October, November and even December, and do not produce as much juice as other types of grapes.

Riesling juice is very concentrated and produces a full and rich wine taste. Consequently, wines made from Riesling vines are more expensive.

Wines are divided into quality categories. They're continually controlled and must pass a critical examination

before they can be sold. Quality wines with special attributes are top wines and bear a special name or denomination, as defined by law.

Since 1971, the label has indicated clearly the quality category. Denominations and their characteristics are:

### Kabinett

The elegant nature wine harvested during the general vintage time, usually October

### Spaetlese

Wine made from grapes picked after the completion of the normal harvest, giving special bouquet and fruitiness

### Auslese

The ripest bunches of grapes are individually selected, picked and pressed. These grapes produce noble wines for great occasions

### Beerenauslese

Wine, made from over-ripe but sound berries selected from each bunch of grapes

### Trockenbeerenauslese

The most precious wine made from a special selection of over-ripe raisin-like grapes -- The richest, sweetest and finest wine

### Eiswein

Ice wine is made from vintage grapes harvested in a special way. The wine is made from grapes picked and pressed while frozen. Consequently, the pressing produces highly concentrated "must," or sugar to water content, retaining the frozen water as ice particles with the husks of grapes. Eiswein is a fascinating wine because of its very special character.

An important thing to remember is the region where the grapes are grown. In the case of Mosel wines, labels read "Mosel-Saar-Ruwer," indicating the grapes were grown on the Mosel or in the smaller side valley regions of the Saar and Ruwer rivers, where Riesling wine flourishes.

Also, the bottle corks must be kept moist and air-tight. For this reason wine should be stored horizontally.

If the word "Natur" appears on the label, it indicates no sugar was added to the wine.

### Alleluia!



Courtesy photo

The New York Glory Gospel Singers perform Thursday at 8 p.m. at the Manderscheid Kurhaus, or spa house. The Glory Gospel Singers are a formation of the best singers from the Community Choral, founded in 1985 by 70 singers from numerous New York communities. Tickets are 15 euro at the door or 14 euro in advance. Students receive a price reduction. For details, call the Manderscheid tourist information office at 06572-932665.



## BHS smashes competition

# Tennis team defends division championship

By Coach Pete Vadney  
Bitburg High School tennis

The Bitburg High School Baron Netters tested their skills against Department of Defense Dependents Schools opponents from all around the world October 26-29 in the tennis halls of Wiesbaden, during the European Tennis Championships. The end result was a repeat of their 2003 Division II championship.

Playing in 26 matches against all DoDDs divisions, the only losses throughout the tournament were to the bigger Division I schools, with the exception of a very determined Patch Panthers ladies doubles team. The result was a finish of 20 points for the team as opposed to the 12 points scored by their nearest Division II competitors, Patch High School from Stuttgart and Hanau High School near Heidelberg, finished in a tie for second.

Leading the Barons were the ladies at this tournament, as senior Ashley Weston, daughter of Tech. Sgt. James Weston, 52nd Equipment Maintenance Squadron, made the most of the end of her high school career by marching to a fourth place finish in the tournament.

Seeded fifth coming into the tournament, Weston's biggest win came against the tournament's fourth seed, Molly King of Heidelberg High School. Weston won an early 6-2 set in the match; then finished the match in stronger form, winning the second set 6-1.

She drew the tournament's number one player, Jackie Esquerria from Royal Air Force Lakenheath, England, in the tournament's semi-finals. She was turned away from the championships 6-0, 6-1.

The Baron ladies doubles team of Ashley Fary and Nora Fischer fared almost as well as Weston, winning up to the quarter-finals, where they lost a very tight match to the Patch Panthers 3-6, 6-1, 4-6.

This dropped them into the consolation bracket, where they beat teams from Wiesbaden and Supreme Headquarters Allied Powers Europe, Belgium, before losing another tight pro-set match to the ladies from RAF Lakenheath 8-6.

They finished the tournament, taking fifth place from a team from Kaiserslautern, winning easily 8-2.

The BHS Baron men found the tournament a bit more frustrating, as singles players Erik Martz and John Pendergrass ended up tied for seventh place. Martz lost in the first round to a player from RAF Lakenheath 6-6, and lost a tie-breaker 7-5. He then dropped the second set 7-5 and won three matches in the consolation bracket before he was stopped by the number one player from Ramstein Air Base, 8-3.

Pendergrass, the tournament's fifth seed, won into the quar-



Elsa Tovar

**Jose Tovar, son of Elsa Tovar, Spangdahlem Elementary School teacher, prepares for a return volley, as teammate Zach Heath (in background), son of Col. Peter Heath, 52nd Dental Squadron, serves the ball to his International School of Brussels, Belgium, opponents during the European Championships held in Wiesbaden recently. The ISB team won 6-1, 6-0.**

ter-finals of the 32-player bracket, only to play a match that took two-and-a-half hours against the fourth seed in the tournament.

Losing the first set 4-6, he dug in to win the second set 6-3, only to see the player from Ankara, Turkey, squeak out a final 6-4 set to win the match. Worn from the intensity of this match, Pendergrass was pushed aside in his final match by a determined Wiesbaden opponent who won 8-4.

Senior Jose Tovar and sophomore Zack Heath, playing men's doubles, managed to win into the tournament quarter-finals, only being stopped by eventual tournament champion International School of Brussels, Belgium.

The team played well against the superior Raiders, but were ultimately overwhelmed by ISB's ability to slam the ball and find holes in the Baron defense. The Baron duo then exited the tournament, losing to a team from London Central 9-7.

The European Championships culminated another fine year of tennis competition by the Baron athletes. The Barons won seven games in both women's and men's competition, losing only to eventual European champion ISB in team competition.

## Sports Briefs

### Youth cheerleading/basketball

Youth winter sports registration for children, ages 6-18, begins Monday and goes through Nov. 30. Two basketball skills assessment meetings are offered for children, ages 9-12, at the Bitburg Annex French Kaserne gymnasium Dec. 1 at 5 p.m. and at the Spangdahlem AB Youth Center Dec. 2 at 5 p.m. There will be two parent meeting options offered at the Bitburg Annex theater Dec. 14 from 6-7 p.m. and at the Spangdahlem AB base theater Dec. 15 from 6-7 p.m. The cost is \$30 per child. For details, call the youth center at 452-7545.

### FitLinxx prizes

Log-on to FitLinxx today for a chance to win lots of prizes. Earn at least a minimum of 15,000 points to win Combat Fitness t-shirts, polo shirts, hats, socks, duffel bags and sweatshirts. Everyone is eligible to participate. People must enter their workouts in FitLinxx, and they can register today at the fitness center or at the Web site at [http://spangdahlem.fitlinxx.com/community/hosted/ov\\_spangdahlem.htm](http://spangdahlem.fitlinxx.com/community/hosted/ov_spangdahlem.htm). For details, call the base fitness center at 452-6496.

### Power tumbling class

Don't let this opportunity tumble away. Learn power tumbling techniques that can help with cheerleading, dance, gymnastics or just for fun at the gymnastics loft at Bitburg Annex, building 77. The cost varies with the time frame of the class, and payment is due the first day of class -- no later than the 15th of each month. Register at the Spangdahlem Youth Center. For more information, call Sally Fuller at 452-7545.

### Combat Cheer basketball

Dunk the blues with a game of basketball at the Combat Cheer Basketball Games. Play a three-on-three game Saturday at 9 a.m. and a five-on-five game Dec. 4 at 9 a.m. Both games take place at the Skelton Memorial Fitness Center. Play is open to those who are at least 18-years-old and not in school -- primarily unaccompanied Airmen who can earn fully-validated MERGE cards. There will be both male and female categories. For more details, call Staff Sgts. Brian Sneed and Foster Gilbert or Mark Warner at 452-6634.



### Turkey Trot

See fellow Sabers strut their stuff at the Turkey Trot 5K Fun Run Nov. 24 at noon. Team Eifel members who bring five or more squadron members can earn punches for their Eifel MERGE card, and all participants get a chance to win a \$50 AAFES gift certificate. For more information, call De Shane Casillas at 452-6496.

### Ski sale

Get stocked up for the winter ski season with outdoor recreation. Skis are now on sale for 20-30 percent off the regular prices, along with a variety of last year's gear. For details, call Brandie Tubbs-Hall at 452-7176.

### Fitness center hours

The Skelton Memorial Fitness Center will be closed Nov. 25 and 26 in observance of Thanksgiving Day and power upgrades. The Bitburg Annex fitness center will be open with keyless card entry only. For more information, call the fitness center at 452-6634.

### Rock climbing classes

Try something new and sign-up for a rock climbing class at the base fitness center. This class gives people a chance to practice climbing indoors during the fall and winter months. Classes are each Tuesday at 5:30 p.m. To register, call the fitness center at 452-6496.



### How much fat is enough?

Daily grams of fat\*

#### Men

- ♦ Normal weight: 60-90 grams of fat per day
- ♦ Overweight: 40-60 grams of fat per day

#### Women

- ♦ Normal weight: 40-70 grams of fat per day
- ♦ Overweight: 25-40 grams of fat per day

*\*These ranges help people stick to a diet that has more than 20-30 percent of calories from fat*

### Track that fat

- ♦ Read labels: If the label does not have calories from fat, multiply the grams of total fat by nine, because there are nine calories in a gram of fat.
- ♦ An easy rule of thumb is to most often choose foods that have no more than three grams of fat per 100 calories.

Information courtesy of the HAWC



## Scoreboard

The following is a list of the latest standings for bowling through week seven of 32, ending Nov. 3.

Team	Points won	Points lost
Det. 17	38	18
52 MOS	36	20
52 FW/JAG	35	21
52 CMS	34	22
52 CS A	32	24
52 MDG	30	26
52 EMS	28	28
52 LRS	28	28
52 CES A	26	30
606 ACS	26	30
702 MUNNS A	25	31
702 MUNNS B	24	32
52 OSS	22	34
52 SFS	22	34
52 CS B	22	34
52 CES B	20	36